

# Théorie et pratique de la préparation physique du sportif de haut niveau

**Lecturers**

Alain CARPENTIER (Coordinator) and Justine MAGNARD

**Course mnemonic**

EDPH-I4454

**ECTS credits**

15 credits

**Language(s) of instruction**

French

**Course period**

First and second terms

## Evaluation method(s)

Other

## Programmes

### Programmes proposing this course at the faculty of Motor Sciences

MA-EDPH | **Master in Motor skills : Physical Education** | finalité Training and Coaching/unit 1 and finalité mental and athletic training/unit 1