

# Education motrice et psychomotricité

## Lecturers

Nathalie GUISSARD (Coordinator) and Alain CARPENTIER

## Course mnemonic

KINE-I107

## ECTS credits

10 credits

## Language(s) of instruction

French

## Course period

First and second terms

## Course content

rhythmic activity, muscle strengthening, basic physical conditioning, water activities, development of motor skills through a team sport, and psychomotor and postural gymnastics

## Objectives (and/or specific learning outcomes)

This course allows students to upgrade and develop the motor skills needed for a job that requires physical fitness and psychomotor skills. To this end, different motor activities will be studied

## Pre-requisites and co-requisites

### Course having this one as pre-requisit

KINE-I202 | Education motrice et sportive adaptée à la revalidation | 5 crédits

## Teaching method and learning activities

hands on teaching

## Other information

### Contact(s)

Secrétariat de pratique de l'éducation physique

Mme Anne DEISSER - campus Erasme - bâtiment N - 4e niveau  
- bureau N4.105

tél. 02/555 32 46 - courriel : neurobio@ulb.ac.be

## Evaluation method(s)

Other

### Evaluation method(s) (additional information)

Presentation of exercises and demonstration

Determination of the mark (including the weighting of partial marks)

weighted average according to number of hours

### Main language(s) of evaluation

French

## Programmes

Programmes proposing this course at the faculty of Motor Sciences

BA-KINE | Bachelor in Physiotherapy and Rehabilitation | unit 1