

Education motrice et sportive adaptée à la revalidation

Lecturers

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Course mnemonic

KINE-I202

ECTS credits

5 credits

Language(s) of instruction

French

Course period

First and second terms

Course content

bodysculpt, muscle strengthening, water activities (rescue), development of motor skills through a team sport, instrumental psychomotor work and postural gymnastics, perceptive work

Objectives (and/or specific learning outcomes)

The practice of physical and motor activities pursue the objective of developing the physical condition and improving the perception of the body in relation to oneself, to another (the futur patient), and in relation to space. Practice and methodology of strength training are jointly addressed to ensure a better understanding of this practice in training or rehabilitation

Pre-requisites and co-requisites

Pre-requisites courses

KINE-I107 | Education motrice et psychomotricité | 10 crédits

Course having this one as pre-requisit

KINE-I3133 | Kinésithérapie et périnatalité, activités motrices | 5 crédits

Teaching method and learning activities

Practice of motor and physical activities

Other information

Contact(s)

Secrétariat de pratique de l'éducation physique

Mme Anne DEISSER - campus Erasme - bâtiment N - 4e niveau
- bureau N4.105

tél. 02/555 32 46 - courriel : neurobio@ulb.ac.be

Evaluation method(s)

Other

Evaluation method(s) (additional information)

exercices presentation, coherent in the choice of exercises, demonstration, explanation and correction

Determination of the mark (including the weighting of partial marks)

weighted average according to the number of hours

Main language(s) of evaluation

French

Programmes

Programmes proposing this course at the faculty of Motor Sciences

BA-KINE | Bachelor in Physiotherapy and Rehabilitation | unit 2