

## Questions approfondies de psychopathologie

#### Lecturer

Philippe FOUCHET (Coordinator)

#### Course mnemonic

PSYC-E421

#### **ECTS** credits

5 credits

### Language(s) of instruction

French

### Course period

Second term

## Course content

These objectives wlll be folowed regarding psychopathological disorders (i,e. Schizophrenia...) in order to be really meaningful. These dsorders will be approached particularly with regards to diagosis aspects and diagnostic consequences for the Self, social position and clinical posture, as well as therapeutic relatiosnhip and psychotherapeutic support.

The three main approaches that will be explored are psychoanalytical, psychodynamic, humanistic-experiential and cognitive-behavioral theories. We will propose a discussion around the concepts of "disorders" or "structure" within these three psychopathological approaches. For example, some of the questions we actually work on are "why do the underlying theoretical construct of transference and therapeutic relationship lead to divergent clinical postures?", "How could we define the meaning of "adaptation", "recovery", or "symptomatic invention"?, and "Do we necessarily aim for the recovery of psychopathological disorders: is it really possible?.

# Objectives (and/or specific learning outcomes)

The course aims at proposing a debate between the main theoretical approaches in psychopathology. Psychoanalytical, psychodynamic, experiential and cognitive-behavioral approaches will be developed rigorously, allowing a deconstruction process in order to understand the undelying foundations of them and to consider their respective limitations.

In particular, we will explored the following points:

> Epistemological foundations

- > Evolution and futur perspectives of these three theoretical approaches
- > Their specific features, the particular meaning given to symptoms, therapeutic relationship, uncounscious and others major concept for psychopathology and clinical psychology.
- > Their respective methodological principles for research and clincal purposes.

## Teaching method and learning activities

Courses will be delivered by Pr Fouchet and Mrs Fantini-hauwel, simultaneously at the beginnning and at the end of the course, adn individually in between.

## References, bibliography and recommended reading

All bibliographical ressources will be communicated to students during the course.

## Other information

## Contact(s)

CP 122 02/650.32.80.

## Evaluation method(s)

Other

## Evaluation method(s) (additional information)

Terminal exam with questions proposed before the exam, in order to allow students to prepare them.

## **Programmes**

Programmes proposing this course at the faculty of Psychology, Educational Sciences and Speech and Language therapy

MA-PSYC | **Master in Psychology** | finalité Clinical psychology and psychopathology/unit 2, finalité Research/unit 1 and finalité Research/unit 2