

# Psychologie clinique de la santé

**Lecturer**

Isabelle MERCKAERT (Coordinator)

**Course mnemonic**

PSYC-E422

**ECTS credits**

5 credits

**Language(s) of instruction**

French

**Course period**

First term

**Campus**

Solbosch

## Course content

Issues commonly addressed in clinical health psychology include psychophysiological disorders, psychological conditions resulting from physical illness, somatic manifestations of psychological conditions, psychological symptoms associated with organic disease, physical symptoms amenable to behavioural interventions, behavioural risk factors for illness and disability, prevention of complications associated with stressful medical procedures, and issues involving health care providers and health care systems.

## Objectives (and/or specific learning outcomes)

The clinical health psychology course will focus on:

- › the study of the links between certain psychological and behavioural factors and the onset and/or progression of psychosomatic conditions and chronic diseases. It will address some of the psychological aspects associated with the prevention, screening, treatment and palliation of chronic diseases in adults.
- › The course will focus on the study of the reactions of subjects confronted with somatic illness and the interventions that can be developed by psychologists in these contexts (communication, preparation, support, psychotherapy).

It will address the problems via a biopsychosocial approach integrating psychoimmunological, psychoneuroendocrinological, psychodynamic, cognitive, behavioural, family and systemic approaches.

## Pre-requisites and co-requisites

### Required knowledge and skills

The course is only open to students enrolled in the Master in Clinical Psychology and Psychopathology.

## Teaching method and learning activities

Theoretical course.

### Contribution to the teaching profile

The course will allow students to improve their skills in the analysis of problems arising in the field of study of clinical health psychology. It will address the main theories and methodological approaches relevant to this field.

## References, bibliography and recommended reading

### Required reading

Stress, uncertainty, resilience and ruptures in adaptation, Razavi D., Vandueren M. and Delvaux N. in *Psycho-oncology : theoretical concepts & clinical interventions / direction Darius Razavi, Nicole Delvaux, Issy-les-Moulineaux (Hauts-de-Seine) ; Elsevier Masson, 2019, pp 3-70 9782294758119, ISBN Cote : 3PSY 616.994 RAZA*

The book is available at the Bibliothèque des sciences humaines Simone Veil, Psychologie (3PSY-NB) 3PSY 616.994 RAZA

[https://cibleplus.ulb.ac.be/permalink/32ULDB\\_U\\_INST/1hd430I/alma991009859370104066](https://cibleplus.ulb.ac.be/permalink/32ULDB_U_INST/1hd430I/alma991009859370104066)

### Course notes

Université virtuelle and Podcast

## Other information

### Place(s) of teaching

Solbosch

### Contact(s)

Via UV

## Evaluation method(s)

Other, written examination and Oral examination

## Evaluation method(s) (additional information)

1st session: written exam 2nd session: written exam or oral

## Main language(s) of evaluation

French

## Programmes

Programmes proposing this course at the faculty of Psychology, Educational Sciences and Speech and Language therapy

MA-PSYC | **Master in Psychology** | finalité Clinical psychology and psychopathology/unit 1

