



MA60-EDPH | 2024-2025

# Master in Motor skills : Physical Education (60 credits)

The 2024-2025 programme is subject to change. It is provided for information purposes only.

#### Programme mnemonic MA60-EDPH

**Studies level** Master 60 credits

Learning language french

Schedule office hours

Studies category / subcategory Health / Motor skills

Campus Erasme

### Programme objectives

Graduates of this 60-credit master will be able to teach in the broad field of physical and athletic activities. To this end, the programme provides essential skills in a variety of areas: technical, tactical, physiological, but also nutritional and psychological.

This Master is mainly intended for foreign students who will later enrol in the study programmes required to become teachers in their respective countries. The Master in Motor Sciences with a specialisation in physical education does not include the classes or work placements/internships that are required to teach physical education in the Wallonia-Brussels Federation.

#### Programme's added value

The Faculty has at its disposal:

- classrooms, laboratories, a gymnasium, and athletic equipment, all brand new;
- > teachers who are well-known in the world of athletics;
- > research units in the laboratory of motor sciences (involved in athletic performance, motor rehabilitation, and the study of physiological and cognitive abilities in extreme environments such as outer space).

### Teaching methods

Lecture classes, practical work, seminars, work placements/ internships.

#### Job opportunities

This master provides all the skills necessary to work in the athletic field.

Jury President Alain CARPENTIER

Jury Secretary Stéphane BAUDRY



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Courses are given as a combination of lecture classes, lab work in smaller groups, individual assignments, and work placements/internships. Work placements/Internships are completed in fitness clubs, sports clubs, etc., either in Belgium or abroad.

#### Unique year | MA60-EDPH

## Cours obligatoires

BIME-14284	<ul> <li>Physiologie adaptée à l'activité motrice   Alain CARPENTIER (Coordinator), Stéphane BAUDRY and Vitalie FAORO</li> <li>5 credits [lecture: 54h]          first term     </li> </ul>
BIME-14294	Physiologie, diététique et premiers soins   Stéphane BAUDRY (Coordinator), Alain CARPENTIER, Vitalie FAORO and Marc VAN NUFFELEN © 5 credits [lecture: 24h, tutorial classes: 12h, practical work: 24h] 🛗 first and second terms 📿 French
EDPH-1424	Stages d'intégration professionnelle Nathalie GUISSARD (Coordinator) ② 5 credits [work placement: 50h, personal assignments: 10h] 🛗 academic year 🔎 French
EDPH-14294	Activités physiques et sportives individuelles   Nathalie GUISSARD (Coordinator) and Alain CARPENTIER ② 5 credits [practical work: 48h, personal assignments: 12h]
EDPH-1430	Activités physiques et sports collectifs Nathalie GUISSARD (Coordinator) and Alain CARPENTIER ② 5 credits [practical work: 48h, personal assignments: 12h]
EDPH-14314	Législation du sport et organisation d'événement sportif   Nathalie GUISSARD (Coordinator) and LUC VANDEPUTTE ② 5 credits [lecture: 12h, work placement: 12h, personal assignments: 36h] 🛗 first and second terms 🜻 French
EDPH-14324	Complément d'activités physiques   Nathalie GUISSARD (Coordinator) and Alain CARPENTIER ② 5 credits [practical work: 36h, seminars: 12h, personal assignments: 12h] — first and second terms — French
EDPH-14364	Méthodologie de l'activité motrice et de l'entraînement   Alain CARPENTIER (Coordinator) and Nathalie GUISSARD ② 5 credits [lecture: 36h, practical work: 24h] — first and second terms — French
MEMO-I401	Mémoire ⊙ 15 credits [mfe/tfe: 180h]
PSYC-14024	Activités physiques et sportives: Aspects psychologiques, pharmacologiques, adaptation au handicap   Jennifer FOUCART (Coordinator), Costantino BALESTRA and Martin Chaumont