

# Master in Motor skills : Physical Education

## Focus Teaching

Students who have a BA may choose from the following specialities:

- > Teaching
- > Training and coaching
- > Physical conditioning and fitness
- > Physical and mental conditioning, and athletic rehabilitation (joint degree with the university of Lyon)

Courses are given as a combination of lecture classes, lab work in smaller groups, individual assignments, and work placements/internships. Depending on the focus chosen, work placements/internships may be completed in schools, health clubs, or sports clubs, in Belgium or abroad. Students in physical education take part in organising large-scale athletic events in order to build experience, such as sports days for primary and secondary schools, open jogging events ('CoRun'Air'), and so on.

## Bloc 1 | M-EDPHD | MA-EDPH

### Cours obligatoires

- BIME-I4284 [Physiologie adaptée à l'activité motrice](#) | Alain CARPENTIER (Coordinator), Stéphane BAUDRY and Vitalie FAORO  
 ⌚ 5 credits [lecture: 54h] 📅 first term 🗨️ French
- BIME-I4294 [Physiologie, diététique et premiers soins](#) | Stéphane BAUDRY (Coordinator), Alain CARPENTIER, Vitalie FAORO and Marc VAN NUFFELEN  
 ⌚ 5 credits [lecture: 24h, tutorial classes: 12h, practical work: 24h] 📅 first and second terms 🗨️ French
- EDPH-I4364 [Méthodologie de l'activité motrice et de l'entraînement](#) | Alain CARPENTIER (Coordinator) and Nathalie GUISSARD  
 ⌚ 5 credits [lecture: 36h, practical work: 24h] 📅 first and second terms 🗨️ French
- EDPH-I4424 [Compléments d'activités sportives](#) | Nathalie GUISSARD (Coordinator) and Alain CARPENTIER  
 ⌚ 5 credits [practical work: 48h, personal assignments: 12h] 📅 first and second terms 🗨️ French
- EDPH-I4444 [Pratique et didactique des activités physiques et sportives X](#) | Nathalie GUISSARD (Coordinator), Costantino BALESTRA and Alain CARPENTIER  
 ⌚ 10 credits [lecture: 12h, practical work: 96h, personal assignments: 12h] 📅 first and second terms 🗨️ French
- EDPH-I4464 [Méthodologie, législation du sport et organisation d'événement sportif](#) | Nathalie GUISSARD (Coordinator), Marc VAN NUFFELEN, LUC VANDEPUTTE and David Zarka  
 ⌚ 5 credits [lecture: 48h, practical work: 12h, work placement: 12h] 📅 first and second terms 🗨️ French
- MEMO-I4034 [Travaux préparatoires au mémoire et utilisation des outils informatiques](#) | Caroline VERHOEVEN (Coordinator)  
 ⌚ 5 credits [tutorial classes: 12h, personal assignments: 48h] 📅 second term 🗨️ French
- PSYC-I4024 [Activités physiques et sportives: Aspects psychologiques, pharmacologiques, adaptation au handicap](#) | Jennifer FOUCART (Coordinator), Costantino BALESTRA and Martin Chaumont  
 ⌚ 5 credits [lecture: 56h, seminars: 4h] 📅 second term 🗨️ French

### Cours spécifiques








- EDPH-I410 [Stages](#) | Nathalie GUISSARD (Coordinator) and Alain CARPENTIER  
 ⌚ 5 credits [work placement: 60h] 📅 first and second terms 🗨️ French
- EDPH-I438 [Application des compétences terminales en éducation physique](#) | Nathalie GUISSARD (Coordinator)  
 ⌚ 5 credits [practical work: 24h, personal assignments: 36h] 📅 second term 🗨️ French
- PEDA-E510 [Pédagogie et didactique, aspects généraux](#) | Thomas BARRIER (Coordinator) and Nathanaël FRIANT  
 ⌚ 5 credits [lecture: 60h] 📅 first term 🗨️ French

# Master in Motor skills : Physical Education




## Focus Teaching

### Bloc 2 | M-EDPHD | MA-EDPH







## Cours obligatoires

- EDPH-I5325 **Activités physiques adaptées aux seniors et aux sujets souffrant d'obésité et de diabète** | Malgorzata KLASS (Coordinator) and Séverine Stragier  
 5 credits [lecture: 40h, practical work: 12h, personal assignments: 8h]  second term  French
- EDPH-I5335 **Questions approfondies en rapport à l'activité physique et la nutrition** | Alain CARPENTIER (Coordinator) and Justine MAGNARD  
 5 credits [lecture: 32h, tutorial classes: 12h, personal assignments: 16h]  second term  French
- EDPH-I5385 **Stages d'intégration professionnelle** | Nathalie GUISSARD (Coordinator), Alain CARPENTIER and David Zarka  
 5 credits [seminars: 20h, work placement: 50h, personal assignments: 10h]  first and second terms  French
- MEMO-I500 **Mémoire**  
 15 credits [mfe/tfe: 180h]  academic year  French

## Cours spécifiques

- EDPH-I507 **Stages dans un établissement d'enseignement secondaire** | Nathalie GUISSARD (Coordinator) and Alain CARPENTIER  
 10 credits [work placement: 80h, personal assignments: 40h]  first and second terms  French
- EDUC-E520 **Aspects socio-historiques, psychologiques, culturels, éthiques et de neutralité de l'enseignement** | Jose-Luis WOLFS (Coordinator), Alain COLSOUL, Philippe VIENNE and Pascal VREBOS  
 5 credits [lecture: 60h]  first and second terms  French

## Modules d'options

- EDPH-I4274 **Prévention du dos et principes élémentaires de massage et de taping** | Nathalie GUISSARD (Coordinator) and David Zarka  
 5 credits [lecture: 24h, practical work: 36h]  first and second terms  French
- EDPH-I503 **Projet et organisation d'événements** | Nathalie GUISSARD (Coordinator)  
 5 credits [work placement: 48h, personal assignments: 12h]  academic year  French
- EDPH-I5445 **Compléments d'activités motrices** | Nathalie GUISSARD (Coordinator)  
 5 credits [practical work: 20h, work placement: 24h]  first and second terms  French